

Area Of Development	Monday	Tuesday	Wednesday	Thursday	Friday
Language	<p><i>Rolling Over</i> The objective here is to learn and imitate some action words. For example, to roll over, to crawl, to wave.</p>	<p><i>Picture Books</i> Flip through pictures in books to learn some new words and their described images. E.g. Firetrucks, houses, oceans.</p>	<p><i>Favorite Books</i> Flip through a personal favorite book and practice recognizing and pointing at familiar objects.</p>	<p><i>Choo Choo!</i> To practice getting familiar with associating certain sounds with words. E.g. trains, airplanes, dogs, cats.</p>	<p><i>Cars</i> Using the materials from our June packets, have your toddler try to draw simple objects that you call out such as cars, trees, etc. Use pictures as references.</p>
Music	<p><i>Five Little Turkeys</i> A perfect song to expose toddlers to counting while singing.</p>	<p><i>Pat-A-Cake</i> A great song to practice coordinating movements with rhymes.</p>	<p><i>Head, Shoulders, Knees, And Toes</i> Great song to learn the names of body parts, and to act along to.</p>	<p><i>Apples and Banana's</i> Catchy tune to learn about healthy foods that are very important in the overall development of children.</p>	<p><i>Hush Little Baby</i> A song that can be sung before naptime or regular bedtime to learn some new rhymes.</p>
Motor	<p><i>Stand Up, and Sit</i> Practice sitting and standing to strengthen leg muscles.</p>	<p><i>Rolling Balls</i> Using the softball from the June packet, take turns rolling the ball back and forth.</p>	<p><i>Rolling Dice</i> Using the soft Dice from the June Packet, have your toddler roll it a couple of times. For extra work, try to count and/or speak the number that the dice lands on.</p>	<p><i>Flapping Wings</i> To imitate movements and exercise arm muscles. For extra work, use a picture book and, together, point at animals who also flap their wings.</p>	<p><i>Where are The Crayons?</i> Go on a treasure hunt to find carefully hidden crayons and coloring books.</p>

<p>Sensory</p>	<p><i>Playdough Prints</i> Using the Playdough distributed, have your toddler press their handprints to feel out new textures, or have them build objects from scratch.</p>	<p><i>Soft Or Hard?</i> Place items of different textures in a box, and have your toddler feel through them to get a sense of the differences.</p>	<p><i>Wet or Dry?</i> Try to create things with wet and dry items in order to expose your toddler to opposites. You can use dry cereal, glue, and string to make a necklace? Get creative.</p>	<p><i>Color Mixing</i> To create and explore the multiple possibilities of mixing colors. Try using a yellow and green crayon to make a Lime color.</p>	<p><i>Popping Bubbles</i> Reach and pop bubbles. Encourage crawling and/or sanding to reach higher bubbles.</p>
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