



Emotions Action Song

**If you're happy and you know it
clap your hands.**



**If you're mad and you know it
cross your arms.**

**If you're frustrated and you know it
stomp your feet.**

**If you're excited and you know it
jump up and down.**



**If you're sad and you know it
make a frown.**



**If you're scared and you know it
hide your face.**

