**Week of: May 4- May 8, 2020**

**Theme: Things that Grow**

**Class :3K**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Morning**  **Activities** | Show images of the children and the parents as a baby up till now. Explain to them that just as a plant they are growing. Create a picture timeline to show how the children grew from a baby to present. | **Plants cycle video**  **Show the video on your tablet device how plants grow.**  <https://www.youtube.com/watch?v=89QRrnnYPNw> | Create a chart on the plant cycle. Explain to the children each part of the cycle.  <https://in.pinterest.com/pin/59532026311698735/>  . | **G is for Grow**  **Create a picture collage of things that grow.**  **Inform the children how plants, children, and animals grow.** | **The letter G**  **Create a matching game.**  **Cut out images from an old**  **Magazines and place it on a paper**  **Have the images all relate to the**  **Letter G and glue, it on the paper.** |
| **Books/eBooks**  **books online/YouTube**  **Questions:** | “The Tiny Seed”  <https://www.youtube.com/watch?v=kZITtrzoK4c>  What was your favorite part of the story? | “The Very Hungry Caterpillar”  <https://www.youtube.com/watch?v=75NQK-Sm1YY>  Why does the caterpillar eat so much food? | “Lola Plants a Garden”  <https://www.youtube.com/watch?v=C-VHFMhLR6k>  What color flower do you see in the story? | “Grover Talks About Plants”  <https://www.youtube.com/watch?v=ZDjFZVqiLvY>  What does Grover give to the plant to make it grow big? | “Gus Grows a Plant”  <https://www.youtube.com/watch?v=6V9Dx2VpxW4>  How can we grow plants at home? |
| **Fine motor**  **Activities** | **Make a sun**  Preschoolers need lots of practice using scissors before they become proficient enough to cut straight lines (or around complicated shapes). One of the first scissor skills kids can practice is fringe cutting. Fringe cutting does not require a continual cutting motion (opening and closing the scissor blades in a continual, forward motion), so it is a great skill to start out with. **Make a Sun Scissor Skills Activity**  [Preschool Scissors](http://amzn.to/2pXZGE8), [Yellow Paper](http://amzn.to/2op8rd8) (we used craft foam instead of paper), Plates, bowls, and or [other circular objects](http://amzn.to/2peWAxx), [Pen](http://amzn.to/2op6YDY)  **Preparing the Suns for Cutting:**  Started by tracing plates onto our yellow craft foam to create the outer edges of the sun and cut it out. | **Seed/ Bean letter pasting**  **Trace the letter G or the first letter of the child name onto a piece of construction paper. Then trace the letter with glue. After have the child place seeds or beans onto the glue.** | **Strengthen Foil Activity**  Strength in the hand muscles is a [fine motor](http://www.theottoolbox.com/p/fine-motor-skills.html) skill that is necessary for so many tasks. Strength in the [intrinsic muscles](http://www.theottoolbox.com/2016/03/intrinsic-muscle-strengthening-activity-egg-carton.html) of the hands allow for a curved palm which is used for cupping the palm in order to hold items such as coins or beads. A small sheet of [aluminum foil](https://www.amazon.com/Reynolds-Wrap-Aluminum-Foil-Square/dp/B00UNT0Y2M/ref=as_li_ss_tl?ie=UTF8&qid=1510721691&sr=8-3&keywords=foil&th=1&linkCode=ll1&tag=sugaun-20&linkId=0c8a5e81f105f67ec9f430d6fe7c138a) is all it takes!    To make it easy, you could grab these [pre-cut foil sheets](https://www.amazon.com/Reynolds-Wrapper-Pop-up-Foil-Sheets/dp/B006Z3FPVU/ref=as_li_ss_tl?s=hpc&ie=UTF8&qid=1510721734&sr=1-4&keywords=pre+cut+foil&linkCode=ll1&tag=sugaun-20&linkId=1546a95f15ebb1d7b22a865ff453f87b)and use them with the whole class or therapy caseload, using this activity as a fine motor warm-up.  <https://www.theottoolbox.com/fine-motor-strength-foil-activity> | **Planting Flowers**  **Trace the child hand on a piece of construction paper the cut the hand out. Have the child glue the cut-out hand onto a popsicle stick and stick it in an empty egg cart. This activity recreates flowers growing from dirt.** | **Cut Me out**  Using play dough have the children create flowers with shapes. Cut out different shapes with play dough and use the shapes to create the petals of the flowers. Have the child explore colors and shapes with the play dough and different methods of cutting shapes with play dough cutters or spoons and forks. |
| **Gross motor Activities**  **Music & Movement** | **Move & Grove**  Gather your materials. You will need some paper or card stock , a marker, painters tape and some good music your kids will dance to. Write the lowercase letters on the paper. You can also write the same uppercase letters and simply have your child match them or for even older kids you can write a word and have them find the first letter. Invite the kiddos. To have them start I have them find the first letter of their own names- hands on heads, eyes on me  <https://www.notimeforflashcards.com/2012/09/move-groove-gross-motor-alphabet-game.html>  **Get up to Get down**  <https://www.youtube.com/watch?v=GMNShIa7jqM> | Move on Paper Plates  Using paper plates and color them Red and Green. Then get creative! Place them in a row (red, green, red, green) and have students step on just the red ones. Or have them get down on all fours and “skate” with a plate under each hand. Put the plates in a row to get your students moving around the room. Put the plates far apart for big steps. Or put them close together for tiny steps.  **Move and Freeze**  <https://www.youtube.com/watch?v=388Q44ReOWE> | **Move like Animal**  You’ll need some open space, but this is a great way to get kids using new muscles. Here are some ideas:   * Move like a bird (run with arms outstretched) * Move like a snake (wiggle on tummies on the floor) * Move like a bear (walk on all fours) * Move like a frog (get down on haunches and hop) * Move like a kangaroo (take big leaps with arms in front of chest) * Move like an elephant (with heavy stomping) * Move like a penguin (waddle with ankles close together and arms pinned to sides)   Book Chicka Boom  <https://www.youtube.com/watch?v=9nKq4jm4LD8> | Indoor Hopscotch  painter’s tape is the way to go on this one. Create a simple hopscotch board with numbers. Then have students toss a bean bag on a space and jump to get there. Another idea is to [**use cardboard squares**](https://happyhooligans.ca/indoor-cardboard-hopscotch/) that you can pull out at any time.  Simon says  <https://www.youtube.com/watch?v=OkO8DaPIyXo> | **Wiggle Jar**  Write action cards and place them in jar. When your child needs a movement break, pull a few cards for everyone to do. Here are some ideas for a wiggle jar:   * Jog in place while you sing the alphabet. * Touch the sky and then your feet five times in a row. * Pretend you’re playing the drums. * Fly around the room like a bird.   Go Bananas  <https://www.youtube.com/watch?v=PKyuJhHQCfI> |
| **Arts & Crafts** | **Grow your own plant**  **Use a bean, plastic cup, paper towel, and water. Place the bean in the cup with the paper towel. Water it daily and watch your bean grow.** | **Seeds Mosaics**  **Using a construct paper have the child make a flower with seeds or beans. Have the child paste the seeds/beans on to the paper freely creating a flower using various colors and shapes of seeds or beans.** | **Fruit Seeds**  **Have the child create draw or paint images of the following choice’s: Apples, Watermelons, and Strawberries. Then have the child paste seeds to the fruits.** | **Exploring Red**  **Have the child explore the color Red. Create a collage of fruits and vegetables that are the color red.** | **Let’s have FUN with Homemade Slime**   * School Glue * Slime Activator (must contain some form of borax, sodium borate, or boric acid) * Shaving Foam * Food coloring, glitter, confetti and other fun mix ins   <https://littlebinsforlittlehands.com/homemade-slime-recipe/> |
| **Science/Math** | Counting 5,4,3,2,1  <https://happynumbers.com/teachers/g/183602/curriculum/pre-kindergarten> | Two- Dimensional Shapes  <https://happynumbers.com/teachers/g/183602/curriculum/pre-kindergarten> | Paper Towel Dip  <https://happyhooligans.ca/water-absorption-experiment-for-preschoolers/> | How many questions with up to 7 objects?  <https://happynumbers.com/teachers/g/183602/curriculum/pre-kindergarten> | Grow Your Own Plant  <https://www.science-sparks.com/bean-in-a-jar/> |
| **Goals & Objective** | Children will gain understanding and knowledge of the cycle of plant. | Children will gain understanding and knowledge of why a plant needs sun and water to grow. | Children will gain understanding and knowledge the plants, people, and animal all grow. | Children will gain understanding and knowledge how we can grow from baby to a big person. | Children will gain understanding and knowledge how grow a bean/plant at home. |