

Hello Parents!

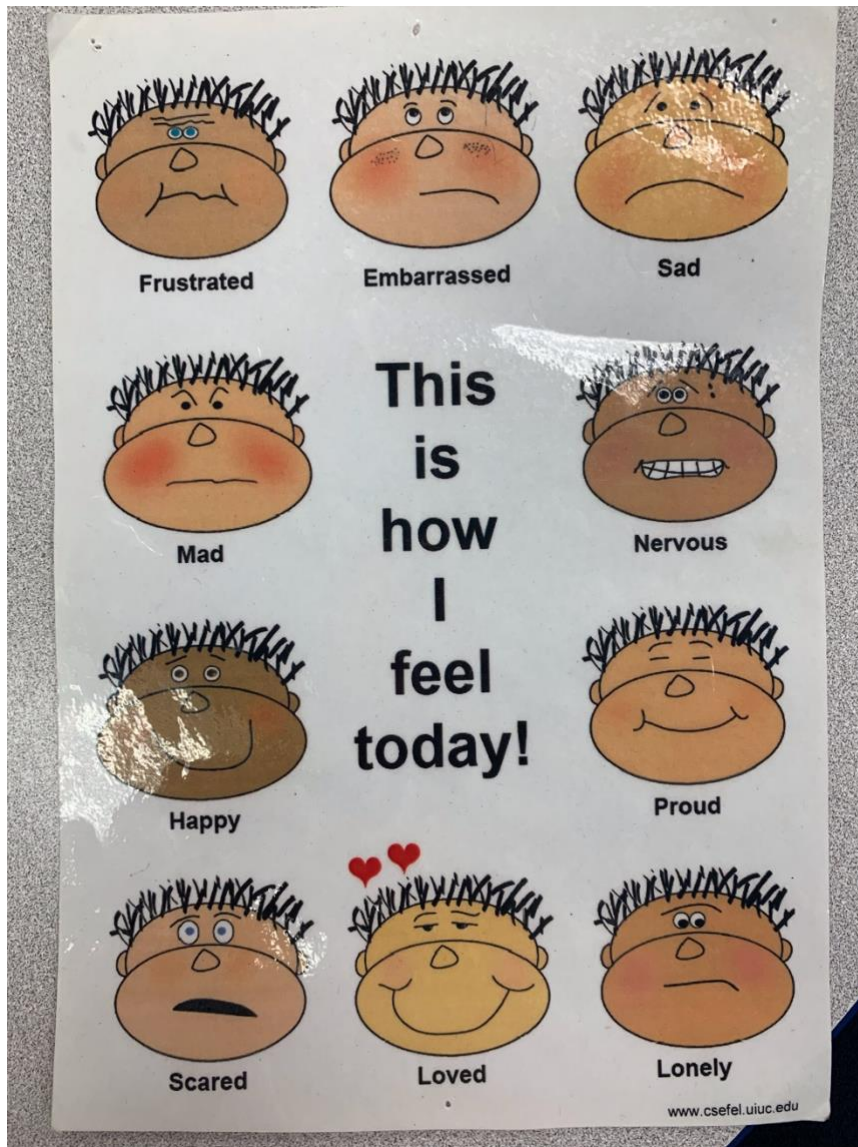
Below are tips that mirror the work we do at school with your child. We hope that these tips are helpful.

*Attached below is an example of our class calendar:*



**TIP #1:** Create a monthly calendar **WITH** your child (**IT DOES NOT NEED TO BE FANCY**) using regular white paper and writing the days of the week. The students discuss the calendar daily during circle time. The teachers ask the students, "What month are we in?" Then we sing the months of the year song-look up on youtube- We then sing the days of the week song-Look up on youtube-

**TIP #2:** During circle time we also discuss our "mood of the day." Below is a photo of our mood chart. Simply ask your child, "how do you feel today?" "What's another word for emotions? (Feelings) Below is an example of our feelings chart:



**TIP# 3:** ABC phonics is another activity we do during circle time. Listening to this YouTube link helps the children learn their ABC'S and to learn the sounds the letters make as well. Please look up words for the current letter that your child is studying. ROOM 1 is currently transitioning to letter H and ROOM 4 is transitioning to letter I. (ABC PHONICS LINK:

<https://youtu.be/hq3yfQnlfQ>)

**TIP #4:** A very important activity to do during the morning is Dance and movement. Having the children stretch out and move their bodies will have them ready to tackle the day! These are the titles to songs you can look up on YouTube:

- Walking Walking featuring Noodle Pals
- Listen and Move
- Walking Song
- Freeze Dance
- One little Finger
- The Butterfly Stages
  - <https://youtu.be/1EQeYA5Qbic>

**TIP #5:** Meditation is extremely helpful for the children! It helps the students relax and focus. In our class we tend to set a timer for 1 minute while listening to meditation music on YouTube.

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We are currently learning about Change in our unit! Here are some books you can look up on YouTube with your child:

- Peep and the Big Wide World: Stormy Weather
  - <https://youtu.be/7Li59FFilYQ>
- The Very Hungry Caterpillar
  - <https://youtu.be/75NQK-Sm1YY>
- Pete the Cat and the Cool Caterpillar
  - <https://youtu.be/T3zsR1V82wk>
- Ten Magic Butterflies
  - [https://youtu.be/kBi\\_RoXKVo0](https://youtu.be/kBi_RoXKVo0)
- Froggy Builds a Treehouse
  - <https://youtu.be/I9jWgygfrOo>
- The Life Cycle of A Butterfly
  - <https://youtu.be/O1S8WzwLPIM>
- And Then It's Spring

- <https://youtu.be/0l59Gbd3q90>
- Mixed: A Colorful Story
- <https://youtu.be/SIbGioTNs4M>

Netflix shows/movies that have the *Change* theme:

- Veggie Tales
- Lil Baby Bum
- Flowering Hearts
- Jake & The Neverland Pirates

While watching these shows and reading these books please ask your child what type of changes/differences they see in the show/movie/book. Remind them that there are many changes happening at all times!

### VOCABULARY WORDS:

CHANGE



BUILD





## SEASONS



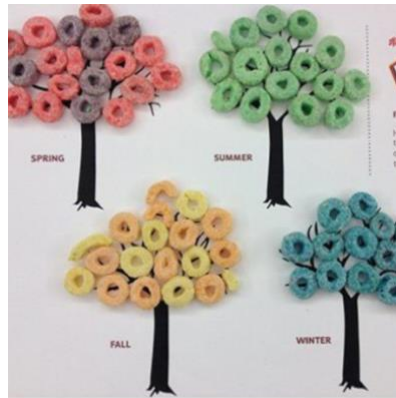
## SHORT/TALL



## **ACTIVITIES:**

### **FRUIT LOOPS + MATH**

***Materials: fruit loops + pencil + paper + glue***



**Froot Loops Seasons**  
Have your child change the colors of the trees as the

Parents, please help your child draw 4 trees. Afterwards, label each tree with the different seasons of the year. The divided fruit loops are to go on each tree in order to represent the season. If you do not have any fruit loops just color in each tree with crayons or use any other objects around the house that may be glued on. Enjoy!

### **HANGER BALANCE**

***Materials: hanger + string + plastic cups + household items you can weigh***



Parents please help your child attach strings to each side of a hanger with plastic cups (or whatever works best) on the bottom. Have your child look for objects around the house to weigh. The importance of this activity is for your child to

notice the change in the weight and balance of the "scale." If there is a real scale at home please use that instead. Enjoy!

### **ICE & WATER EXPERIMENT**

***Materials: ice + ice tray + food coloring + timer***

Students are to take water and place it inside of an ice tray. For a more fun effect, have your child add drops of food coloring inside of the tray as well. Parents, help your child record the time they put the tray inside of the freezer and how long it took to change into ice.

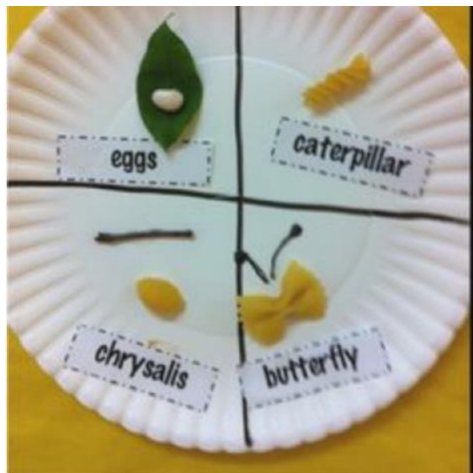
### **PLAYDOUGH DESIGNS**

***Materials: playdough + playdough tools***

Parents, if your child has playdough have them create different types of shapes and designs with it. This activity will help show how they change things all the time and they don't even realize it !

### **LIFE CYCLE OF A BUTTERFLY**

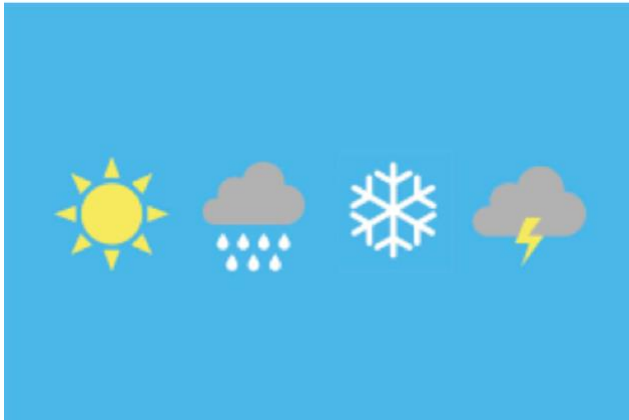
***Materials: paper plate + marker + pasta noodles (bow tie, shell, rottoni) +bean***



Parents, grab a plastic plate for your child to add the images above. Additionally, have them watch this youtube video (<https://youtu.be/O1S8WzwLPIM>) titled LIFE CYCLE OF A BUTTERFLY.

## WEATHER CHANGE

*Materials: paper + crayons*



Have your child record the weather of each day of the week (they can draw pictures of the weather). Make sure to ask them if they notice any change in the daily weather!

## COLOR SORTING CATERPILLAR

*Materials: construction paper + scissors + pencils + cutout shapes to color sort*



Color Sorting Caterpillar



Students will take out pieces of red, yellow, orange, blue, purple and green construction paper to create their butterfly and shapes to use to sort their colors. Parents please help and continue to practice the use of a scissor with your child. They can make triangles, squares, circles, rectangles, hearts and stars which can also help with their shape recognition.



## Q-TIP PAINTING: SEASON TREES



**Materials:** *q-tips + paint + construction paper*

Students will use white, red, green and orange paint to create the four seasons change throughout the year. The q-tips will be used in an up and down motion to create snowflakes for winter, flowers for spring, leaves for summer, and yellow/orange leaves for fall. This will also help with their fine motor skills.

## SQUISHY BAG EXPERIMENT

**Materials:** *3 ziploc bags + red, blue, and yellow paint + marker*



Students will practice how to mix primary colors. Parents please provide three labeled ziploc bags: 1. Blue + yellow 2. Blue + red 3. Yellow + red. Please ask your child what colors does each of them make and then explain to them that

those new colors are now called SECONDARY COLORS. While they are mixing, have them get creative they can use their hands, toy cars, a cooking roller, etc.

### RAIN PAINTING WITH FOOD COLORING

*Materials: food coloring + paper + rain*



During a rainy day, please have your child try rain painting. You and your child will go outside with a tray, paper, and some food coloring and let the rain paint for them. You can ask them what colors mixed in with each other and what do they see in the picture i.e. a dog, baby, flower, etc but PLEASE STAY SAFE!

### WET CHALK ACTIVITY

*Materials: chalk + a wet sidewalk*



After some rain showers, this would be a great opportunity for some fresh air and art. Parents please provide your child with sidewalk chalk and have them create what they see around them changing. It could be the weather, colors they see from their work, new buildings within your community.

## THE CHANGING CATERPILLAR:

**Materials:** paint/crayons, construction paper, paper plates, scissors+glue



Students are to take some paper plates and either color/paint them green. If you'd like, you may create the five days of the week like the photo above. Afterwards, students are to paint/color the caterpillar's face red and draw the caterpillar's features as well.

## GUMMY BEAR ACTIVITY:

**Materials:** gummy bears(or any candy), water, vinegar, baking soda, salt water



**This activity will help your child enhance their observation skills. If you do not have gummy bears at home please feel free to use whatever object you feel is best. Your child is to observe and record their predictions on what will occur after dipping a gummy bear (or whatever candy you may have) in each of those mixtures.**

## **WATCH & DRAW ACTIVITY**

**Materials:** *paper + crayons/markers*

After watching this video: <https://www.youtube.com/watch?v=Iisj2kTZIFs>  
(If you cannot click the link the title of the video, it is: Four seasons by Jack Hartmann)

Students are to draw a picture of their favorite season. Parents, try to ask your child why this season is their favorite time of the year and make sure their illustrations include images of that season! (ex. Summer, pool, etc.)

## **EMOTIONS CAN CHANGE!**

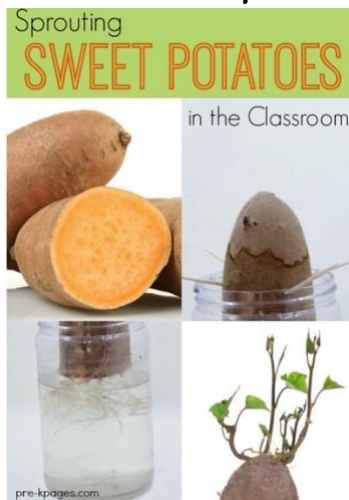
**Materials:** *Paper, markers/crayons*

After watching read aloud: <https://www.youtube.com/watch?v=wylzbbSL668>  
(If you cannot click the link the title of the book is Grumpy Monkey by Suzanne Lang)

They are to draw their favorite part of the story. Parents, make sure to express how sometimes our emotions can change from grumpy to happy or happy to grumpy.

## **SWEET POTATO/POTATO EXPERIMENT**

**Materials:** *one potato/sweet potato, clear container, toothpick, water*



Parents, please complete this activity **ONLY** if you can. Take one sweet potato/potato, whichever is fine, and put various toothpicks inside of it to hold it up in a clear container (just like the photo above). Inside the clear container there should be water. Please have your child observe the potato everyday and express any changes they may see! Please try to take pictures

of the progress. (If you would like further details on this project press this link:  
<https://www.pre-kpages.com/science-for-kids-observing-plant-growth-in-sweet-potatoes/>)

### **WHAT CHANGED?!**

**(5 months)**



**(1 year old)**

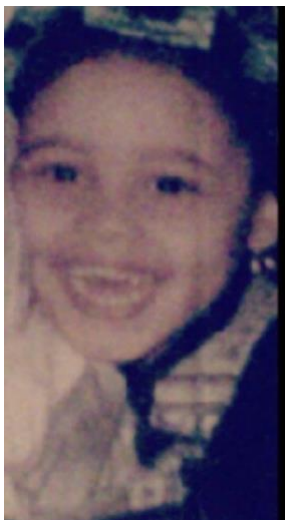


**(2 months)**



Students are to observe the baby pictures of the people on the images and express what has changed in the person from when they were a baby to a toddler. Did the baby's weight, height, hair change? The students may draw images of how they believe they will look in the future as well!.

### **NAME THAT BABY! (ROUND1):**



Students are to guess who they believe the person in this image is! (Parents it's me, Ms. A!). If/when they guess correctly they are to say what has changed! (EX. hair, height, weight, voice, etc.) Afterwards, students may



draw an image of their teacher as a baby and as an adult. Please email the images to me! :) Also, please let me know if your child got the answer correct!

**BABY GUESSING GAME (ROUND 2):**



Students are to guess who the person in the image is (Ms.Priscilla!)If/when they guess correctly they are to say what has changed! (EX. hair, height, weight, voice, etc.) Afterwards, students may draw an image of their teacher as a baby and as an adult. Please email the images to me! :) Also, please let me know if your child got the answer correct!

**BABY GUESSING GAME (ROUND 3):**



Students are to guess who the person in the image is (Ms. Angely) If/when they guess correctly they are to say what has changed! (EX. hair, height, weight, voice, etc.) Afterwards, students may draw an image of their teacher as a baby and as an adult. Please email the images to me! :) Also, please let me know if your child got the answer correct!

#### WHAT HAS CHANGED WITH YOU?

Materials: Paper, your child's baby picture, crayon/pencil/marker

Students are to observe one of their baby pictures and share what they believe has changed about themselves. Afterwards, students are to draw a self portrait, which they do every month in school. In school we allow the child to look at themselves in the mirror and then draw a self portrait. This activity helps the child observe their features and enhance their form of expression.

#### BABY GUESSING GAME (ROUND4):



Students are to guess who the person in the image is (Ms. I!) If/when they guess correctly they are to say what has changed! (EX. hair, height, weight, voice, etc.) Afterwards, students may draw an image of their teacher as a baby and as an adult. Please email the images to me! :) Also, please let me know if your child got the answer correct!