**Week of: April 27 to May 01, 2020**

**Theme: Self**

**Class: 3K**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Morning**  **Activities** | **How to wash our Body**  **Material; small container with water, baby doll, bath sponge/rag and soap.**  **Discus with your child how and in what order we clean our body parts, is important to establish a routine that children can remember. For example: what do we wash /clean first, second third etc. our hair, our face, behind the ears, the neck, shoulders , back chest.** | **My Portrait**  **Help your child to cut out a people shapes, then allow your child to use a mirror to draw themselves onto the cut-out, while you child is drawing talk with them about eye color, hair color, nose, mouse etc. Mirrors encourages self-identification and language growth, mirrors can help your child develop emotionally as they have more opportunity to witness their own expressions in it.** | **Big and little**  **Material: two empty boxes**  **Find two empty boxes, then label them one that say little and the other one that said big, provide items in small and large sizes example; balls, stuffed animals, cut out people, any toy etc. encourage your child to sort by size, beside of having fun your child will learn how to sort by sizes.** | **How much I have changed**  **Show your child a picture of himself from when he/she were a baby and a recent pictures of them, asked your child to look closer to the pictures, then ask them some question like how much you think you grow, what has change, does you look the same? For example: does your hair is the same, your hands, your feet etc. If they said not they don’t look the same, ask them why, what is different?** | **Learning about myself and family game**  **This is an activities that the whole family can play, Tell your child to listen to what you are saying and stand up if what you say is true about him. For example**  **Stand up if you have a brother/sister**  **Stand up if you have a pet**  **Stand up if you have long hair, Stand up if you have four feet**  **Stand up if you live in a build etc.** |
| **Books/eBook**  **ebook online/**  **You Tube**  **Questions:** | L like Myself by Karen Beaument  YouTube I Like Myself  Read loud  What thing so you like about yourself? For example: you hair, your eye… | L like Myself by Karen Beaument  YouTube I Like Myself  Read aloud  What thing so you like about yourself? For example: you hair, your eye… | I Like Me , by Nancy Carlson  YouTube I Like Me  Read aloud  Who is your best friend?  What fun things do you like to do?  What do you do when you feel sad/happy?  How can you take care yourself? | Here are My hands by Martin Jr. and John Archambaut  YouTube Here are My hands  What kind of different things can you do with your hands?  What thing can you do we your feet?  We can use our nose for? | Here are My hands by Martin Jr. and John Archambaut  YouTube Here are My hands  What kind of different things can you do with your hands?  What thing can you do we your feet?  We can use our nose for |
| **Fine motor**  **Activities** | **Oval Me**  **On a piece of paper help your child to draw an oval shapes, then encourage him/her to create his faces or any family member face, he/she can you crayon, cereal bottom, beans any material you have a home.** | **Hand trace Book**  **Help your child to fold a construction paper in haft, have your child to trace his/her hands and then help them to cut-out their hands (do not cut the folded side) when done, the hand print should open like a book, them allow your child to write, draw, paint, also they can try to write their name on his/her book.** | I like  Material; a small picture of your child magazines, scissors, glue, crayons, construction paper or any paper you have. Encourage your child to glue he/she picture on the paper, then with parents’ guide cut out items from the magazines that she/he like such as dogs, flowers, doll, family picture, food etc. Then she/he can paste each items next or under her/his picture. | **Stringing cut Straws**  **Guide your child on cutting plastic drinking straws into small pieces, about 1-inch(Cutting the straws is a great fine motor activities) Then help your child to tie a yarn to a plastic needle or use plastic laces, and knot the end, encourage your child to string the straws onto the yarn or lace.** | **Eyedropper Art**  **Material: eyedropper, water color, if not available you can color water with food coloring, coffee filter or paper towel.**  **Allow your child to drop the watercolor onto a coffee filter or paper tower using the eyedropper.** |
| **Gross motor Activities**  **Music & Movement** | **Create a wiggle jar**  **Print action cards or create your own write a list of simple exercises on cards. Place them in a jar. Put your child to pull out a card and do the exercise/or activities that is in the card. Here are some ideas; 1- jog in place while you sing the alphabet, 2- pretend you are playing the drums, 3-do arm circle 4- hop in one foot 5- touch your toes, 6 touch the sky then your feet five time in a row etc.** | **Have fun with painter’s tape or any tape you have at home.**  **Painter’s tape is one of the best invention ever, it goes on and come off easily (but be sure to test it fist just to be sure) put it on the floor like a ladder, then have students see how many rungs they can jump. Can they jump father with a running star?** | **Move like an animal**  **You will need some open space, but this is great way to get kids using new muscles. Here are some ideas:**  **1-move like a bird( run with arms outstretched)**  **2-move like snake(wiggle on tummies on the floor)**  **3-move like a bear(walk on the fours)**  **4 move like a frog (get down on haunches and hop like a frog)**  **5-move like a kangaroo (take big leaps with arms in front of chest)**  **You can watch (walking in the jungles song kids love it) on YouTube** | **Play “find and tag it”**  **This is a versatile game that can be used to review and teach many skills. Just tell your learners to find something and tag it. For example, find and tag something blue or find and tag something that is square, or something that starts with the letter /A/. While your kids are moving around they are learning too.** | **It is Friday we did it, let have fun.**  **Here are some of the song children are familiar with;**  **” Penguin Dance”**  **“Jump! Children song by patty Shukla”**  **“Stand Up, sit Down Children’s song by Patty Shukla” you can find all this song on YouTube** |
| **Arts & Crafts** | **Me and family**  **Material; shaving cream/whip cream or flour, encourage your child to smooth the shaving cream/ whip cream onto the table/tray, encourage your child to draw a circle and add some eye, nose mouth hair etc. they can draw family member too.** | **Le create a Puppet**  **Help your child to create a puppet of themselves, they can use paper bag or any sock, cotton ball, bottom, glue, rubber band, yam for hair. You can go to YouTube and watch the video, (how to make sock puppets) remember there not right or wrong, allow your child to be creative and use or add any material they want, remember there are creating themselves.** | What is my favor fruit  Which fruit do you like best? Show your child some of the fruits you have available in the house and, allow the children to explore the fruits then encourage him/her to draw, traces or paint a picture of his/her favor fruit. | **My skeleton craft**  **Material; cottons swabs, glue and a piece of paper, scissor and a picture of your child face if want.**  **Show your child on your phone or print out a picture of a human skeleton, then encourage your child to make their own skeleton, first cut the cotton swabs on various sizes and then glue then into a skeleton.** | **Flower stamps**  **Material; cardboard tube, paints, a piece of paper/ construction paper and scissor.**  Stamps painting is perfect and easy for little hands, children can create beautiful flowers like sun flower etc. with parents supervision make little cuts around the cardboard like one inch, after you make the cuts fold it out, finally dip the tube in the paint and stamp it on the paper. |
| **Science/Math** | **How tall I am**  **Measure how tall you child is with a string/yam and cut it. Then allow him/her to compare their strings with other Family’s members or object. Discuss short and tall with your child.** | **How many thing my hand can hold**  **Materials: construction paper, scissor, pen, small blocks wooden cubes or any small object you have a home, like beans, pasta etc.**  **We are always using our hands to hold things, so let invite our little one to explore how many things our paper hands or real hands can hold, First trace your child hands, and other family members hands, 2- cut it and place the different hand size on the table, encourage child to place the items on top of the hands, they can count many items the hand can hold. Objective, children will notice that the bigger the hand, the more blocks/beans the hand would hold.** | **Science; Leak Proof Bag**  **This leak bag science is great for your kids, and you only need to household supplies, Ziploc bag, water, and pencils. First you fill out the bag with water, then poke a pencil straight through the bag-in one side and out the other side, much to everyone’s surprise, the bag wouldn’t leak! This is because the bag is made of a polymer- which is long, flexible chain of molecules. When you poke the pencil through the bag, the molecules spread apart and then seal themselves around the pencil. It’s cool! You can add more pencil if you want have fun.** | **Science: Oil and water science Exploration**  **Material: baby oil or vegetable oil, watercolor or food coloring, and pipettes or droppers**  **1-put water in several cups and add food coloring to the water, then stir to combine**  **2- fill a cup about haft way with oil**  **3 with the dropper place coloring water in the cups with oil.**  **While enjoying this science exploration kids will explore how oil and water do not mix together.** | **Pouring and Comparing**  **Invite your child to practice some pouring**  Skills with rice or any grain you have at home, you will need three cups different sizes. Encourage your child to line up the cups from biggest to smaller, then allow him/her to pour the rice into the cups until they are almost full. Then ask him/her which one is big/small or full? Which one has more/less? To help your child to learn about measurement. |
| **Goals & Objective** | Children will be able to learn how to keep their body clean/take care their body and at the same time will learn or practice their body parts. | Children should be able to build their own sense of identity and understand their own feeling, needs and wants. | Children should be able to build their own sense of identity and understand their own feeling, need and wants. | Children should be able to understand the concept of growing up and how as we grow things in our body changes. | Children will learn about measurement, size also improve their hand and eye coordination. |