**Week of: April 20- April 24, 2020**

**Theme: How Things Grow**

**Class :3K**

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|  | **Monday**  | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Morning****Activities** |  **Estimation Station**Materials: Bring in the types of food in the story *The Very Hungry Caterpillar* that have seeds (apples, pear, watermelon).Ask the children how many seeds they think are in each? Write down their estimates.Open the fruit and remove the seeds and put them in separate bowls and count the seeds!Discuss the stages of a butterfly show examples on your phone if you do not have a computer | **Cooperative Story**Materials Needed: Paper and pencil.Once your child is familiar with the story The Very Hungry Caterpillar, talk about the ending. The caterpillar turned into a butterfly!Ask your child what types of things they think that butterfly did! Start them off with "Now that I am a beautiful butterfly, I think I will...." let them think and answer the questionDiscuss the stages of a butterfly show examples on your phone if you do not have a computer | **Ways to Stay Healthy and Grow!**Materials Needed: Index card or paper, markerAsk your child if they know of ways they can stay healthy and grow? Accept all answers. As your child gives you an answer write it down. Some answers may be: Eat healthy foods; brush teeth; wash hands; exercise, etc.Use the cards to encourage them to draw a picture of themselves doing the action you have written down for them. | **Plant life cycle**Materials: Large sheet of paper, different color markerswatch the short clip on how seeds become plants on youtube.Then with your assistance help your child draw the parts of the plants once done, place them in order from beginning to end. Place the chart where they can see it and look back at once their beans start to sprout. | **Parts of a Flower**Materials: Flowers or artificial flowersAsk if they know what a flower needs to grow? (Water, air, soil, sun).Now, point to each part of the flower and ask if they know what it is called. Let them know the name and then print the name on a label and show it to them. Draw a basic picture of that part on the strip of paper and repeat the name.Do this for each part of the flower: Flower, leaf, stem, rootPlace these labels on different pieces of paper in the middle of a circle. |
| **Books/ebooks****ebook online/****You Tube****Questions:** | “The Very Hungry Caterpillar” By Eric CarleYoutube The Very Hungry caterpillar read out loudWhat did the hungry caterpillar eat on Monday?How many apples did he eat? Why do you think he had a stomach ache?What do you do when you have a stomach ache? | “The Very Hungry Caterpillar” By Eric CarleYoutube The Very Hungry caterpillar read out loudHow many different foods did the hungry caterpillar eat on sunday?Do you think you would have a stomach ache after you ate all that food?What were the stages of the Caterpillar? | “Stretch” By Doreen Cronin and Scott MenchinYoutube Stretch read out loud.Can you stretch to the ceiling?Can you stretch to the floor?Why is it important to stretch? | “We Plant A Seed” By Sharon GordonYoutube We plant A seed read out loudWhat 3 things do seeds need to grow?Do all seeds take the same time to grow?Should you add a lot of water to your growing seeds? | “The Tiny Seed” By Eric CarleYoutube The Tiny Seed read out loudWhat causes the seeds to scatter?What effect does the sun have on a seed?What do you think will happen next? |
| **Fine motor****Activities**  | **My Stages**Material: paper,pencil,marker,paint,and or crayon.Have your child on a paper draw the life cycle of a butterfly and have them explain to the best of their knowledge what each stage is as far as the name of that stage. | **Matching Game**Materials: caterpillar and butterfly stickers; index cardsMake pairs of cards with matching stickers on them and laminate. Your child can use these as a concentration/memory game or as a matching game.VARIATION: Rather than stickers, your child can find pairs of pictures (in magazines or online) to use for this game. |  **Fitness Lacing**Materials Needed: Make and laminate different shapes that focus on fitness such as running shoes, people, healthy snacks (apples, bananas, etc.). Once laminated, hole punch holes around the outside edges of the shapes. Provide colored laces for your child to lace with, tie a knot at the end. You can make your own laces with colored yarn. Use clear tape to tape one end of the yarn so that it passes through the holes.You can laminate with packing tape. | **Seed sorting**Materials: can be planting seeds or different seeds from fruits or vegetables.Help your child point out the differences between seeds then once they see the differences have them sort the seeds based on size, texture and or color.  | **Magazine Collage**Materials Needed: Flower magazines, glue, paperHelp your child choose some flowers from the magazines that they like, allow them to cut them out and work together to make a large flower collage! |
| **Gross motor Activities****Music & Movement**  | **Fly Butterfly, Fly!**Materials: A large butterfly for your child (or plastic ones!); construction paper of various colors cut out into the shapes of flowers. Give instructions to the children to learn directional words such as: Fly and land ON the red flower. Fly and rest UNDER the blue flower. Make up as many as you can! Your child can "fly" and get some exercise, learn colors and learn spatial relationships all at the same time! | **Caterpillars and Butterflies***sung to Three Blind Mice or you can make up a tune*Caterpillars. Caterpillars.See how they crawl? See how they crawl?They spin themselves in a chrysalisAnd go through something called metamorphosisIt's a sight that you wouldn't want to miss!When they become butterflies. When they become butterflies!(are out soaring) have your child mimic all the directions. | **Bean Bag Olympics**Materials Needed: Bean bags; tape (painter's tape) Tape 2 lines on the floor or carpet.Have the children stand at one of the blue lines.They each should have one bean bag.Have them try to get the bean bag to the other line in different ways by using different body muscles:Throw with your hands. Place on the top of your hand and try to toss it to the line. Place the bean bag on the top of your foot and try to kick-toss it to the other line. Try tossing it only using 2 fingers. Try it tossing it backwards over your head! \*if you do not have a bean bag you can make one with rice,a sock/or balloon just place rice in the balloon don't blow it up. | **Here We Grow**Have the children squat down and pretend they are little seeds. Play some calming music. Asyou turn the volume up slowly on the CD player, describe what is happening to "them"--the seeds. They should try to act this out!The seeds are in the ground nice and warm.It is raining and they are getting a drink.The sun is warmingthem and helps them grow!The seed is opening and roots are coming out! It is raining again! There's the sun! Oooh, the plants are coming out of the ground! | **Hide And Seek**Materials: Artificial Flower or you can draw themHide several flowers (artificial) around the house. Have your child look for a specific flower! Tell them, you'll find many flowers, but right now we are ONLY looking for purple flowers, or red flowers, etc. |
| **Arts & Crafts** | **Coffee Filter Butterflies** Materials Needed: Round white coffee filters and/or whitepaper; pipe cleaners; markers; eye droppers; waterThe children color the coffee filter. The more they color it the better!They then drop water onto the filters. This will spread the color out and make some pretty remarkable looking color collages. When dry, pinch filter in the middle and wrap a piece of pipe cleaner,pencil or stick on the pinched part. | **Egg Carton Caterpillars** Materials Needed: cardboard egg cartons (cut so that 3 cups are still connected in a row); pipe cleaners, googly eyes, glue, glitter, sequins, etc.The children decorate their caterpillars any way they want to!When the glue is dry, hang all of your caterpillars from the ceiling. | **Finger Painting** Materials Needed: Provide finger paints in multiple colors and finger paint paper.While they are painting, talk with your child about the things they do that use the muscles in their hands (using a spoon, putting on coats, brushing teeth) and that their hand muscles need exercise, too! | **Holding Seeds Art** Materials Needed: paper, crayon, scissors, tissue paper or seeds, glueThe children trace their hands and cut out.They then glue rolled up pieces of tissue paper or actual seeds into their "hands".  | **Seed Mosaic** Materials Needed: Clear contact paper or packing tape, marker, seedsDraw flowers on the clear contactor tape. Let the children draw their own flowers!Remove the backing. Children use seeds to decorate the flowers.Extension: Let the children create their own artwork by placing the seeds where they want for a very creative design! They can place them on the contact paper or glue them onto paper! |
| **Science/Math** | **Food Sorting**After reading the story “The Hungry Caterpillar” have your child sort food into two categories: healthy food and junk food ask them what happens when they eat junk food vs when they eat healthy foods.Encourage them to think show them examples how junk food makes your body run slow vs healthy food that gives your body good energy. | **Yummy!**Have a taste test of all the foods in the Very Hungry Caterpillar book. You can use similar foods eg. if you don't have salami use a different meat. Make a chart with each food listed in a column on the left side. Make two more columns next to that one- one that says YES and one that says NO. Label the chart: Do we like what the Very Hungry Caterpillar Ate? | **Math Words- Big and Small**Materials: Collect a wide variety of items in a specific shape you are working on. Have the children sort them by large and small. Also introduce "Medium"size. Example: CIRCLE: provide pompoms, beads, ping pong balls, golf balls, larger balls. | **Planting Bean Seeds**Materials: Ziploc baggies, paper towels, spray water bottle, Lima beans,or any dry bean, markers.Children spray their paper towel with water.Then place 3 Lima beans in the middle of their paper towel.Help them to fold the paper towel over the beans.Then place that into a Ziploc baggie place by a window and observe. | **How do Roots Work?**Materials: Celery stalks (preferably ones with greens on the tops), two tall, clear glasses of water; food coloringPlace a different color of food coloring in each cup of water.Place one celery stalk in each cup, with the greens at the top.Watch and discuss daily.The children learn how root systems "drink" water from the bottom and bring it to the top. |
| **Goals & Objective** | Children should be able to understand what foods are healthy and which foods are not healthy. Children should be able to understand the story as to why the caterpillar was eating so much, and understand the cycle of a butterfly. | Children should be able to understand what foods are healthy and which foods are not healthy. Children should be able to understand the story as to why the caterpillar was eating so much, and understand the cycle of a butterfly. | Children should be able to understand what are ways they can stay active and what exercises can be used to help them stay fit. Be able to know the difference between small, medium, and large. | Children should be able to identify parts of a plant, they should understand just like them things also start small and grow. They should also be able to tell you what main things are needed for a plant to grow. | Children should be able to identify parts of a Flower, they should understand just like them things also start small and grow. They should also be able to tell you what main things are needed for a flower to grow. |