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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday` |
| 22  Turn a pan into a drum and make some music. Talk about actions bang, pound. You may make an instrument out of recycled materials. | 23  Give your child a bowl and a spoon to practice stirring. | 24  Have your child put on and take off jacket. Practice pulling zipper up and down. | 25  Can your child blow? Try blowing bubbles or a feather.  Feel free to use anything such as a piece of paper | 26  Make a card for someone (maybe a friend, teacher or parent) | 27  Collect texture objects and talk about how they feel. | 28  Allow your child to select songs they would like to sing and sing along with them. |
| 29  Draw emotions, talk to your child about what makes them feel each of those emotions. Have them color with crayons.  Happy = Yellow  Sad face= Blue  Angry face = Red | 30  Shaving cream – Fun  In the shower or at the table, squirt a good amount of shaving cream for them to play with.  Encourage them to draw shapes, draw a picture, write the letters, etc. | 31  Stack cups or cans  Encourage your child to stack up cups or empty cans. This helps develop their hand – eye coordination. Use a ball and have them roll it towards the cups/cans. Together count how many are left, build a tower. |  |  |  |  |

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| March 2020 |